

200 HOUR YOGA TEACHER TRAINING

NAME SURNAME E-MAIL
FULL ADDRESS
PHONE NUMBER

QUESTIONS

How long have you been practicing yoga and what forms of the practice have you experienced?
E.g. Vinyasa Flow, Astanga, Hatha, Yin, Restorative, Meditation...

What benefits have you personally gained from your practice?

What qualities do you appreciate in the yoga teachers and class environments that you attend?

What inspires you to share the practice of yoga as a teacher?

Why would you like to train as a teacher with TripYoga?

How did you learn about the TripYoga training course?

Is there anything you would like to ask about the course further to the information provided in the online prospectus? Our Lead Trainers will be happy to answer any questions you may have.

If you would like to share anything further about yourself and your background that you feel is relevant to your application, please do so here:

Do you have any injuries or conditions that you feel it would be helpful for us to be aware of so that we can offer support appropriately and discreetly during the course?

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