



If you have any of the following **symptoms** or even the slightest thought you are not well, please **do not come to class** (*now and always*).

- Cough
- Shortness of breath or difficulty
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell
- If you are sneezing and coughing but otherwise feel well, allergies, etc.

- **Arrive 5-15 minutes before the start of class**, no earlier.

Arrive dressed ready to dance. Doors will be closed promptly at the start time of class. Late comers will not be allowed in.

- Two doors will be open at all times to ensure **constant ventilation in the studio**.
- Upon entering and leaving please wear a **protective face covering**. (*not required during class*).
- Pre-class **health screening** for teachers and for students (upon arrival). Temperature checks (non contact infrared thermometer).
- Please be aware of your surroundings and **practice keeping distance** between your fellow community members. No gathering in the studio. No mingling pre/post class.
- **Sanitise your hands** before and after class.
- **Changing rooms are closed**.
- Please always **maintain social distancing** with other individuals pre/post/during class.
- We will **clean and disinfect** the studio between every class. Class time will be spaced to allow for this process to be done thoroughly. UV Disinfection Lights and space ventilation.
- Class size will be **capped to 12**.
- Any class segment that requires travelling will take place in **groups of max 6 ppl**.
- **Teachers will not plan or deliver:** contact material, partner material, sequences that require face to face.
- Teachers will **never use touch** as a teaching tool and will never instruct students to use touch for peer learning.
- Teachers will always instruct from **1+meter distance**